



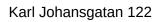
Vegan food

| W44                | <b>Tuesday</b><br>2024-10-29 | <b>Wednesday</b><br>2024-10-30 | <b>Thursday</b><br>2024-10-31 | <b>Friday</b><br>2024-11-01 | <b>Saturday</b><br>2024-11-02 |  |
|--------------------|------------------------------|--------------------------------|-------------------------------|-----------------------------|-------------------------------|--|
| Dish of the day    | Pasta carbonara              | Veggie Couscous                | "Cheese" burger               | Pulled oumph tacos          | Brunch                        |  |
| Soup of the week   | Beetroot soup                |                                |                               |                             |                               |  |
| Quiche of the week | Pumpkin and spinach quiche   |                                |                               |                             |                               |  |

| W45                | Tuesday                             | Wednesday                           | Thursday                      | Friday     | Saturday   |
|--------------------|-------------------------------------|-------------------------------------|-------------------------------|------------|------------|
|                    | 2024-11-05                          | 2024-11-06                          | 2024-11-07                    | 2024-11-08 | 2024-11-09 |
| Dish of the day    | Sundried tomato and spinach lasagna | Butternut steaks & roasted potatoes | Sweet potato and lentils stew | Phò        | Brunch     |
| Soup of the week   | Minestrone soup                     |                                     |                               |            |            |
| Quiche of the week | Potato and onions pie               |                                     |                               |            |            |

| W46                | Tuesday                   | Wednesday               | Thursday                              | Friday                                       | Saturday   |  |
|--------------------|---------------------------|-------------------------|---------------------------------------|--|------------|--|
|                    | 2024-11-12                | 2024-11-13              | 2024-11-14                            | 2024-11-15                                   | 2024-11-16 |  |
| Dish of the day    | Chili sin carne           | Chickpea & spinach stew | Mushrooms patties and mashed potatoes | Pasta with sundried tomatoes and olive sauce | Brunch     |  |
| Soup of the week   | Leek and potato soup      |                         |                                       |  |            |  |
| Quiche of the week | Carrots and beetroots pie |                         |                                       |  |            |  |







Tuesday – Friday 11:00 – 17:00

Saturday 12:00 – 16:00

| W47                | Tuesday                  | Wednesday  | Thursday                  | Friday              | Saturday   |
|--------------------|--------------------------|--|---------------------------|---------------------|------------|
|                    | 2024-11-19               | 2024-11-20   | 2024-11-21                | 2024-11-22          | 2024-11-23 |
| Dish of the day    | Vegan kofte sandwich     | Beetroot, tofu-"feta" and creamy spinach feuilleté | Mushroom and leek risotto | Spaghetti Bolognese | CLOSED     |
| Soup of the week   | Lentils and veggie soup  |  |                           |                     |            |
| Quiche of the week | Chickpea & coriander pie |  |                           |                     |            |

| W48                | <b>Tuesday</b><br>2024-11-26           | <b>Wednesday</b><br>2024-11-27 | <b>Thursday</b><br>2024-11-28            | <b>Friday</b><br>2024-11-29 | <b>Saturday</b><br>2024-11-30 |  |
|--------------------|--|--------------------------------|--|-----------------------------|-------------------------------|--|
| Dish of the day    | Bbq tofu, coleslaw, potatoes and beans | Lentil loaf & mashed potato    | "sausage" feuilleté with roasted veggies | Sautéed mushrooms on toast  | Brunch                        |  |
| Soup of the week   | Vegetables bisque                      |                                |  |                             |                               |  |
| Quiche of the week | Soy minced and beans quiche            |                                |  |                             |                               |  |

| W49                | Tuesday                         | Wednesday            | Thursday                                      | Friday               | Saturday   |  |
|--------------------|---------------------------------|----------------------|---|----------------------|------------|--|
|                    | 2024-12-03                      | 2024-12-04           | 2024-12-05                                    | 2024-12-06           | 2024-12-07 |  |
| Dish of the day    | Tandoori cauliflower            | Pasta all Puttanesca | Broccoli patties with roasted root vegetables | Loaded potato wedges | Brunch     |  |
| Soup of the week   | Grandmother soup (Cabbage soup) |                      |   |                      |            |  |
| Quiche of the week | Onion quiche                    |                      |   |                      |            |  |